

clearmethodiq

Welcome to the Thinking Tree exercise.

This tool helps you explore ideas deeply by asking questions, answering them, and continuing to ask new questions that grow from your answers—just like branches on a tree.

It's designed to encourage reflective thinking, problem solving, and professional growth.

Q1. What's an important question you've been thinking about in your work or personal growth?

(Example: How can I improve communication with my team?)

Q2. Based on what you currently understand, how would you answer that question?

(Try to explain your reasoning or what you've learned so far.)

**Q3. What follow-up question naturally grows from your answer above?
(Example: What specific habits or tools help people communicate more effectively?)**

Q4. How would you answer that follow-up question?

Q5. What additional question comes from your latest answer?

Q6. How did this question-and-answer process affect your thinking or perspective? (Optional)

**Q7. Would you like to continue exploring this topic further?
(Choose one)**

- Yes, I'd like to continue asking and answering more questions.
- No, I'm finished for now. (Use 'Go to section based on answer')

Wrap-Up

Q8. What was your most valuable insight from this exercise?

Q8. Are there next steps you'd like to take based on what you discovered?
